

## *BAKED CHEESY SPAGHETTI*

*(PREP TIME: 15 MIN | COOKING TIME: 35 MIN | SERVINGS 12)*

### ***INGREDIENTS:***

- 3 pounds spaghetti squash, cooked
- 3 pounds lean beef, minced
- 40 ounces marinara sauce
- 32 ounces ricotta cheese
- 30 mozzarella cheese slices
- Black pepper
- Salt

### ***DIRECTIONS:***

1. Mix the beef with marinara sauce and some salt and pepper in a large bowl.
2. Place half of the spaghetti in the bottom of a greased baking dish, then top it with half of the meaty sauce, half of the mozzarella slices and ricotta cheese, then repeat the process to make a second layer with the remaining ingredients.
3. Bake the spaghetti casserole for 35 mins, then serve it warm and enjoy.

(Calories: 711 | Total Fat: 59 g | Protein: 43 g | Total Carbs: 15 g)